

# Cognition

April, 2016



## Addiction and Mental Health Learning Events

Daily Event Listings  
Practice Evidence Collections  
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### Addiction Day Speakers on Video

[https://www.youtube.com/playlist?list=PLaP0N-2V5s9jdQSnbSx4eOSSVzVyF\\_YMv](https://www.youtube.com/playlist?list=PLaP0N-2V5s9jdQSnbSx4eOSSVzVyF_YMv)

#### April

Healthy Minds/Healthy Children, Online Continuing Professional Development, *Internet addiction: Social media, cyberbullying, video-gaming and Psychosis in childhood and adolescence: Principles of assessment and intervention*. Call (403) 220-4310 [hmc@albertahealthservices.ca](mailto:hmc@albertahealthservices.ca) Register at <http://www.albertahealthservices.ca/4723.asp>

#### April 1 (Released on YouTube)

Concurrent Disorder Learning Series, *Homeless ID Project* and *Substance use and psychiatric defense* with Celina Dolan and Dr Choy. Register by email to receive the YouTube link at [concurrent\\_disorders@albertahealthservices.ca](mailto:concurrent_disorders@albertahealthservices.ca) There will be a Q & A teleconference with the presenters on April 28 from 10- 11 am.

#### April 1

Presentation, *Tobacco cessation pharmacology for the mental health population* with Ron Bohar. 11:30 am- 1 pm at Claresholm or by Videoconference. To register and/or add your videoconference site <https://vcscheduler.ca/schedule20/register/register.aspx?id=811210-2187> Call 780 422-1350 [tru@albertahealthservices.ca](mailto:tru@albertahealthservices.ca)

#### April 4- 5

Workshop, *Applied Suicide Intervention Training (ASIST)* 8:30 am- 4:30 pm at CMHA, 3<sup>rd</sup> Floor 10010-105 Street, Edmonton. (\$250) Call 780-414-6300 <http://edmonton.cmha.ca/programs-and-services/workshops/>

#### April 4- 10 National Health Ethics Week <https://www.bioethics.ca/ethicsweek> Videoconferences for Health Ethics Week

**April 4** *Introduction to Ethics* with Dr Gary Lepine 11:30 am- 12:30pm

<https://vcscheduler.ca/schedule20/register/register.aspx?id=805896-0635>

*Celebrating Change Day- Global health ethics* with Al-Noor Nenshi Nathoo 12:30- 1:30 pm

<https://vcscheduler.ca/schedule20/register/register.aspx?id=813656-0612>

**April 5** *Ethics and challenges of collecting and using healthcare data in rehabilitation* with Linda Woodhouse (Alberta Innovates) 12- 1 pm

<https://vcscheduler.ca/schedule20/register/register.aspx?id=788836-0445>

*Physician assisted death* (Panel Discussion) 12- 1 pm

<https://vcscheduler.ca/schedule20/register/register.aspx?id=819983-5760>

**April 6** *Ethics showdown!* With Dr Duthie, Dr Eyford and Dr Anstey 12- 1 pm

<https://vcscheduler.ca/schedule20/register/register.aspx?id=805909-8600>

**April 7** *Compassionate use of drugs: Ethical considerations* with Dr Leier and Dr Desai 12- 1 pm

<https://vcscheduler.ca/schedule20/register/register.aspx?id=807645-8912>

*Direct-to-consumer genetics testing* (Panel Discussion) 12- 1 pm

<https://vcscheduler.ca/schedule20/register/register.aspx?id=813671-2794>

*Ethical dilemmas in pediatric mental health* by Helgi Eyford and Donna Garrick 1:45- 3:30 pm

<https://vcscheduler.ca/schedule20/register/register.aspx?id=819995-7537>

**April 8** *Ethical Tensions in rehabilitation: Who wants to talk about the elephant in the room?* with Shanon Phelan. 12- 1 pm.

<https://vcscheduler.ca/schedule20/register/register.aspx?id=765848-4334>

#### April 5

Education Series, *Harm reduction - A way of thinking* with Kari Jesswein. 9 am – 12 noon at 12803-116 Avenue. (Free) Pre-registration is required. Registered participants must call 780-644-3642 if unable to attend. [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) Hosted by AHS Addiction Prevention and Mental Health Promotion (Edmonton Zone).

#### April 5

Community Education Series Videoconference, *Parenting styles and their impact on growth and development* by Aamina Adham. 11 am- 12:30 pm. Register at [http://fcrc.albertahealthservices.ca/ces/sessions/current/register/add\\_your\\_video\\_site](http://fcrc.albertahealthservices.ca/ces/sessions/current/register/add_your_video_site) <https://vcscheduler.ca/schedule20/register/register.aspx?id=739851-1816>

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## Addiction and Mental Health Learning Events

### April 5- May 10

Six Week Online Training in Emotionally Focused Couple Therapy (EFT) with Dr Sue Johnson.  
<http://www.jackhirose.com/workshop/suejohnson/> (2 hours per week)

### April 6

Workshop, *Anxiety- Practical intervention strategies*. 9 am – 4 pm in Four Points by Sheraton Edmonton Gateway. <https://ca.ctrinstitute.com/workshops/anxiety-practical-intervention-edmonton/> April 4 in Calgary with Amber MacKenzie.

### April 6

Adult Psychiatry Grand Rounds, *Is empathy teachable? Stability of personality traits and disorders over time* with Claire Seymour and Sarah Macarthur. 12- 1 pm in the Shaw Auditorium, Mazankowski, and by videoconference. [sharon.murphy@albertahealthservices.ca](mailto:sharon.murphy@albertahealthservices.ca) Call 780- 407-1611. Register or add your videoconference site at <https://vcscheduler.ca/ahs/>

### April 6

Workshop, *Historic trauma and Aboriginal client services* with Dr Patti LaBoucane-Benson. 9 am- 12:30 noon at the Commonwealth Community Recreation Centre, Edmonton.  
<http://reachedmonton.ca/pageEvent/568e98caba03f206001d48da>

### April 6

PAA Workshop, *Play based and expressive therapies: Developmentally sensitive ways to work with children* by Dr Lorri Yasenik. 9 am- 4:30 pm in Calgary.  
[http://www.psychologistsassociation.ab.ca/site/paa\\_workshops?type=event&id=23](http://www.psychologistsassociation.ab.ca/site/paa_workshops?type=event&id=23)

### April 6

Education Series, *Understanding non-suicidal self-injury and interventions 101* with Laurie Young. 9 am – 4 pm at 12803-116 Avenue. (Free) Pre-registration is required. Registered participants must call 780-644-3642 if unable to attend. [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) Hosted by AHS Addiction Prevention and Mental Health Promotion (Edmonton Zone).

### April 6- 9

7<sup>th</sup> National Biennial Conference on Adolescents and Adults with FASD, *Research on adolescents and adults: If not now, When?* In Vancouver. Call 604 822-2801 [marketing.ipce@ubc.ca](mailto:marketing.ipce@ubc.ca)  
<http://interprofessional.ubc.ca/AdultsWithFASD2016/default.asp#sthash.X9ilBa2k.dpuf>

### April 7

Workshop, *Depression- Practical intervention strategies*. 9 am – 4 pm at Four points by Sheraton Edmonton Gateway. <https://ca.ctrinstitute.com/workshops/depression-practical-intervention-edmonton/> April 5 in Calgary.

### April 7

Education Series, *Motivational Interviewing- The basics* with Crystal Cleland. 9 am – 4 pm at 12803-116 Avenue. (Free) Pre-registration is required. Registered participants must call 780-644-3642 if unable to attend. [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) Hosted by AHS Addiction Prevention and Mental Health Promotion (Edmonton Zone).

### April 7

Community Education Series Videoconference, *Adverse Childhood Events (ACEs): Translating research into practice- Implications for prevention and early intervention* with Dr Alan McLuckie and Jacqueline Quick. 11 am- 12:30 pm. Register at <http://fcrc.albertahealthservices.ca/ces/sessions/current/> register/add your video site <https://vcscheduler.ca/schedule20/register/register.aspx?id=739687-9518>

### April 7

Child and Adolescent Psychiatry Grand Rounds, 9– 10 am at the Auditorium, Glenrose Rehabilitation Hospital. Call 780- 407-1611 [sharon.murphy@albertahealthservices.ca](mailto:sharon.murphy@albertahealthservices.ca) To register or add your videoconference site: <https://vcscheduler.ca/ahs/>

### April 7- 8

10<sup>th</sup> Annual Risk and Recovery Forensic Conference in Hamilton, Ontario.  
<http://www.riskandrecoveryconference.com/index.html>

### April 7- 9

15<sup>th</sup> Annual Conference of the Alberta Gambling Research Institute, *Understanding gambling: Mechanisms and predictors* in Banff. <http://www.abgamblinginstitute.ualberta.ca/Events.aspx>

### April 8

Health Ethics Seminar, *Ethical tensions in rehabilitation: Who wants to talk about the elephant in the room?* with Shannon Phelan. 12- 1 pm in 2G2.07, University of Alberta Hospital or by telehealth at <http://www.bioethics.ualberta.ca/en/Health%20Ethics%20Seminars.aspx> <http://www.bioethics.ualberta.ca/>

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## Addiction and Mental Health Learning Events

### April 8

Live Webinar, *Walking through grief- An introduction* with John Koop-Harder. 2- 3 pm.  
<https://ca.ctrinstitute.com/workshops/understanding-grief-an-introduction-live-webinar/>

### April 8- 9

Alberta Play Therapy Association, Expressive Arts Spring Conference with Jenne Newman and Carmen Richardson. <http://www.albertaplaytherapy.ca/>

### April 11

Workshop, *What every nurse needs to know about anxiety and depression* with Sandra Reich. 8:30 am- 4 pm in Edmonton. [http://nursinglinks.ca/info\\_anxiety.html](http://nursinglinks.ca/info_anxiety.html) April 12 in Calgary.

### April 11

Workshop, *Pharmacology update for Nurses* with Barb Bancroft. 8:30 am- 4 pm in the Radisson Hotel, Red Deer. [http://nursinglinks.ca/info\\_pharmacology.html](http://nursinglinks.ca/info_pharmacology.html)

### April 11- 12

Workshop, *Applied Suicide Intervention Training (ASIST)* 8:30 am- 4:30 pm at CMHA, 3<sup>rd</sup> Floor 10010-105 Street, Edmonton. (\$250) Call 780-414-6300 <http://edmonton.cmha.ca/programs-and-services/workshops/>

### April 11- June 10

Online course, *CAMH opioid dependence treatment core course- Alberta version*. (\$1050)  
<http://cumming.ucalgary.ca/cme/camh-odt-alberta-version>

### April 12

Education Series, *Alcohol: A dialogue* by Z'Anne Harvey-Jansen. 9 am – 12 noon at 12803-116 Avenue. (Free) Pre-registration is required. Registered participants must call 780-644-3642 if unable to attend. [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) Hosted by AHS Addiction Prevention and Mental Health Promotion (Edmonton Zone).

### April 12

Community Education Series Videoconference, *Mindfulness-based interventions and their usefulness in ASD populations*. 11 am- 12:30 pm. Register at [http://fcrc.albertahealthservices.ca/ces/sessions/current/register/add\\_your\\_video\\_site](http://fcrc.albertahealthservices.ca/ces/sessions/current/register/add_your_video_site) <https://vcscheduler.ca/schedule20/register/register.aspx?id=739852-1816>

### April 12

Rosehaven Workshop, *Delirium*. 2- 3 pm. Register or add your Telehealth site at <https://vcscheduler.ca/schedule20/register/register.aspx?id=736865-1849>

### April 13

Adult Psychiatry Grand Rounds, *Does psychotherapy work after pharmacotherapy fails? and Adjunctive pharmacotherapy and psychotherapy for PTSD* with Sarah Tymchuk and Marko Tymchuk. 12- 1 pm in the Shaw Auditorium, Mazankowski, and by videoconference. [sharon.murphy@albertahealthservices.ca](mailto:sharon.murphy@albertahealthservices.ca) Call 780- 407-1611. Register or add your videoconference site at <https://vcscheduler.ca/ahs/>

### April 13

Education Series, *Tobacco cessation and reduction* with Kari Jesswein. 9 am – 4:30 pm at 12803-116 Avenue. (Free) Pre-registration is required. Registered participants must call 780-644-3642 if unable to attend. [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) Hosted by AHS Addiction Prevention and Mental Health Promotion (Edmonton Zone).

### April 13- May 11

Online course, *Level Two: Advanced Solution Focused Strategies*. (\$195) [https://solutiontalk.ca/product\\_list.php](https://solutiontalk.ca/product_list.php)

### April 14

Community Education Series Videoconference, *Human trafficking: A medical perspective* with Cindy Kovalak, Iarena Dodd, and Tara Wilkie (Human Trafficking Team, Surrey Memorial Hospital) 11 am- 12:30 pm. Register at [http://fcrc.albertahealthservices.ca/ces/sessions/current/register/add\\_your\\_video\\_site](http://fcrc.albertahealthservices.ca/ces/sessions/current/register/add_your_video_site) <https://vcscheduler.ca/schedule20/register/register.aspx?id=739688-9518>

### April 15

Workshop, *ICD and DSM diagnosis: Yesterday, today and tomorrow* with Dr Carol Goodheart. In Vancouver. [http://www.psychologistsassociation.ab.ca/ieadmin/files/ICD\\_and\\_DSM\\_Diagnosis\\_Workshop\\_Registration\\_Ad-2016.pdf](http://www.psychologistsassociation.ab.ca/ieadmin/files/ICD_and_DSM_Diagnosis_Workshop_Registration_Ad-2016.pdf) Call 604-220-3313.

### April 18

Inner City Grand Rounds, *Infectious complications with substance use* by Dr Ryan Cooper. 8- 9 am in the Robbins Learning Centre, Royal Alexandra Hospital. Call Jessica Muller 780-735-4046 [jmuller@ualberta.ca](mailto:jmuller@ualberta.ca)

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## Addiction and Mental Health Learning Events

### April 18

Community Education Service Videoconference, *E-cigarette use among youth and cultural/social aspects of shisha/hookah use* by Dr Barry Finegan and Dr Fadi Hammal. 11 am- 12:30 pm. Register at <http://fcr.albertahealthservices.ca/ces/sessions/current/register/add-your-video-site> <https://vcscheduler.ca/schedule20/register/register.aspx?id=813914-8498>

### April 18- 20

Alberta Council of Disability Services, Spring Conference, *Pushing the envelope: Stretching boundaries and strengthening community*. 9 am- 4 pm at the Radisson Hotel Edmonton South. <http://www.cvent.com/events/acds-spring-conference-2016/event-summary-dda986c87f24486db5c159888586b8d7.aspx>

### April 19

Education Series, *Tobacco basics* with Kari Jesswein. 9 am – 4:30 pm at 12803-116 Avenue. (Free) Pre-registration is required. Registered participants must call 780-644-3642 if unable to attend. [prevention.edmonton@albertahealthservices.ca](mailto:prevention.edmonton@albertahealthservices.ca) Hosted by AHS Addiction Prevention and Mental Health Promotion (Edmonton Zone).

### April 19

Ethics Grand Rounds with Dr Brendan Leier. 12- 1 pm in Dvorkin Centre, University of Alberta Hospital, Edmonton or by videoconference at <https://vcscheduler.ca/schedule20/register/register.aspx?id=818251-2766>

### April 19

Community Education Service videoconference, *Conflict between separated parents and its effect on your children* with John-Paul Boyd. 11 am- 12:30 pm. Register at [http://fcr.albertahealthservices.ca/ces/sessions/current/ https://vcscheduler.ca/register?id=739853-1816](http://fcr.albertahealthservices.ca/ces/sessions/current/https://vcscheduler.ca/register?id=739853-1816)

### April 19- 22

Canadian Association of Occupational Therapists Conference, *Inspired for higher summits*. In Banff. <http://www.caot.ca/default.asp?pageid=2121>

### April 20

Adult Psychiatry Grand Rounds, 12- 1 pm in the Shaw Auditorium, Mazankowski, and by videoconference. [sharon.murphy@albertahealthservices.ca](mailto:sharon.murphy@albertahealthservices.ca) Call 780- 407-1611. Register or add your videoconference site at <https://vcscheduler.ca/ahs/>

### April 20

Community Education Series Videoconference, *Responding to youth crime: An overview of the Youth Criminal Justice Act* with Mathew Hinshaw (Crown Prosecutor) 11 am- 12:30 pm. Register [http://fcr.albertahealthservices.ca/ces/sessions/current/ https://vcscheduler.ca/schedule20/register/register.aspx?id=807769-0362](http://fcr.albertahealthservices.ca/ces/sessions/current/https://vcscheduler.ca/schedule20/register/register.aspx?id=807769-0362)

### April 21

Child and Adolescent Psychiatry Grand Rounds, 9– 10 am at the Auditorium, Glenrose Rehabilitation Hospital. Call 780- 407-1611 [sharon.murphy@albertahealthservices.ca](mailto:sharon.murphy@albertahealthservices.ca) To register or add your videoconference site: <https://vcscheduler.ca/ahs/>

### April 21

Telehealth Education Session, *Community Treatment Orders*. 1:30- 3 pm. AHS staff register on MyLearningLink <http://insite.albertahealthservices.ca/1881.asp> Key search words: Community Treatment Order. Also available through <https://vcscheduler.ca/ahs/> and audio line.

### April 21- 22

Conference, *Collaborating efforts to change: Focus on sexual exploitation, its causes and impacts*. At the Santa Maria Goretti Centre. <http://reachedmonton.ca/pageEvent/568e9ad8ba03f206001d48e6>

### April 22

AGNA 35<sup>th</sup> AGM and Conference, *Advocating and caring for dementia clients*. 8 am- 4 pm in Red Deer. <http://www.agna.ca/>

### April 22

PAA Workshop, *BASC 3* by Dr Randy Kamphous. 9 am- 4:30 pm in Edmonton. [http://www.psychologistsassociation.ab.ca/site/paa\\_workshops?type=event&id=26](http://www.psychologistsassociation.ab.ca/site/paa_workshops?type=event&id=26)

### April 22

Workshop, *Introduction to Emotionally Focused Couples Therapy* with Dr Veronica Kallos-Lilly. 9 am- 4:45 pm in Calgary. <http://www.talk-therapy.ca/eft-for-couples-intro/>

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## Addiction and Mental Health Learning Events

### April 25- 26

The Narrative Project Workshop, *Narrative Therapy- Working with families* with Jill Freedman. 9 am- 4 pm in Room 7, Stanley Milner Library, Edmonton. (\$225) <http://www.thenarrativeproject.ca/workshops.htm>

### April 25- 26

CMHA Workshop, *Mental Health First Aid (Youth)* in the Training Room on the 3rd Floor, 10010 – 105 Street. (\$185) [https://edmonton.cmha.ca/programs\\_services/mental-health-first-aid-for-youth/](https://edmonton.cmha.ca/programs_services/mental-health-first-aid-for-youth/)

### April 26

Geriatric Grand Rounds, *Behavioural and psychosocial symptoms of dementia* with Dr Diana Rucker. 12- 1 pm at the Auditorium, Glenrose Rehabilitation Hospital and by videoconference. Register at <https://sites.google.com/a/uualberta.ca/ggr/>

### April 26

Live Webinar, *Mindfulness- As a counselling tool* with Vicki Enns. 2- 3 pm. <https://ca.ctrinstitute.com/workshops/mindfulness-as-a-counselling-tool-live-webinar/>

### April 26

Community Education Service Videoconference, *Responding to disclosures of abuse and understanding its impact on children* with Jennifer Jackson and Katrina Zunjic. 11 am- 12:30 pm. Register at <http://fcrc.albertahealthservices.ca/ces/sessions/current/> register/add your video site <https://vcscheduler.ca/schedule20/register/register.aspx?id=739854-1816>

### April 27

Adult Psychiatry Grand Rounds, 12- 1 pm in the Bernard Snell Hall, University of Alberta Hospital, and by videoconference. [sharon.murphy@albertahealthservices.ca](mailto:sharon.murphy@albertahealthservices.ca) Call 780- 407-1611. Register or add your videoconference site at <https://vcscheduler.ca/ahs/>

### April 27

Workshop, *Working with immigrant and refugee communities* by Ashima Sumaru-Jurf. 9 am- 4 pm in the Commonwealth Community Recreation Centre, Edmonton. <http://www.reachedmonton.ca/pageEvent/56a7e649d9c0e10600ce4617>

### April 27

Workshop, *Campus and school violence threat management* with Dr Kris Mohandie. 8:30 am- 4:30 pm in Calgary. <http://specializedtraining.com/p-144-calgary-ab-april-27-29-2016.aspx>

### April 27- 29

National Conference on Peer Support, *Leading recovery*. In Toronto. <https://psac-canada.com/>

### April 27- 29

CLPNA Annual General Meeting and Conference, *Evolving for a new tomorrow* at the Delta Edmonton South. [CLPNA@buksa.com](mailto:CLPNA@buksa.com) <http://www.clpna.com/blog/clpna-conference/>

### April 28

Ethics Lunch 'n' Learn, *Poor client choices* with Victoria Seavilleklein. 11: 30 am- 12:15 noon. Register/add your videoconference site at <https://vcscheduler.ca/schedule20/register/register.aspx?id=756368-1259>

### April 28- 29

Workshop, *Mindfulness-Integrated Cognitive Behaviour Therapy training: For crisis intervention and relapse prevention* with Dr Bruno Cayoun. In Calgary. <http://www.jackhirose.com/workshop/micbt-calgary/> This workshop may be taken by itself **or** as a prerequisite for a 9 week online applied CBT course May 27- August 5. <http://www.jackhirose.com/workshop/micbt-applied-course/>

### April 28- 29

Workshop, *Advanced threat assessment and threat management: Frontline defense for evolving threats* with Dr Reid Meloy. 8:30 am- 4:30 pm in Calgary <http://specializedtraining.com/p-144-calgary-ab-april-27-29-2016.aspx>

### April 29

Conference, *Culturally responsive mental health care for refugees* with Dr Laurence Kirmayer in Ottawa. <https://www.regonline.com/builder/site/Default.aspx?EventID=1757351>

### April 29

Ethics Lunch 'n' Learn, *Poor client choices* with Victoria Seavilleklein. 11: 30 am- 12:15 noon. Register/add your videoconference site at <https://vcscheduler.ca/schedule20/register/register.aspx?id=756368-1259>

# Cognition

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## Addiction and Mental Health Learning Events

### May

Healthy Minds/Healthy Children, Online Continuing Professional Development, *Panel discussion: Emotional literacy, self-advocacy, resiliency and Cultural humility: Applications to intergenerational trauma.* Call (403) 220-4310 [hmhc@albertahealthservices.ca](mailto:hmhc@albertahealthservices.ca) Register at <http://www.albertahealthservices.ca/4723.asp>

### May 2 - 3

Workshop, *Helping children- Practical tools for engaging and supporting* with Trish Harper. 9 am- 4 pm at Hampton Inn by Hilton Edmonton South. <https://ca.ctrinstitute.com/workshops/helping-children-edmonton/> May 4- 5 in Calgary.

### May 2- 3

Workshop, *Applied Suicide Intervention Training (ASIST)* 8:30 am- 4:30 pm at CMHA, 3<sup>rd</sup> Floor 10010-105 Street, Edmonton. (\$250) Call 780-414-6300 <http://edmonton.cmha.ca/programs-and-services/workshops/>

**May 2- 8 CMHA's 65<sup>th</sup> Annual Mental Health Week.** [http://mentalhealthweek.cmha.ca/news/get-loud-for-cmhas-65th-annual-mental-health-week/#.VrjET\\_krJhE](http://mentalhealthweek.cmha.ca/news/get-loud-for-cmhas-65th-annual-mental-health-week/#.VrjET_krJhE)

### May 4

Adult Psychiatry Grand Rounds, *Contraception and mental illness* and *Pre-natal psychotropic exposure* with Roy Ulrich and Sampann Gautam. 12- 1 pm in the Shaw Auditorium, Mazankowski, and by videoconference. [sharon.murphy@albertahealthservices.ca](mailto:sharon.murphy@albertahealthservices.ca) Call 780- 407-1611. Register or add your videoconference site at <https://vcscheduler.ca/ahs/>

### May 4

Alberta Early Years Learning Series, *Brain development and the impact of technology* with Dr Kelly Dean Schwartz. 8:30 am- noon. (\$50). In person at 75 Street - 90 Avenue, Edmonton and by webcast. <http://albertaearlyyears.com/learning-series/>

### May 4

Workshop, *Pre-migration context and the influence of PTSD in working with children and youth* by Karin Linschoten. 9 am – 12:30 noon at the Commonwealth Community Recreation Centre. <http://reachedmonton.ca/pageEvent/56a7e6d6d9c0e10600ce461b>

### May 4

Workshop, *The explosive child: Understanding and helping behaviourally challenging kids* with Dr Ross Greene. 9 am- 4 pm in Lethbridge. <http://www.jackhirose.com/workshop/explosive-child-lethbridge/>

### May 4- 5

Canadian Conference on Developmental Disabilities and Autism, *Explore. Connect. Learn. Inspire.* In Winnipeg. <http://ccdda.ca/>

### May 4- June 1

Online course, *Level One: Introduction to Solution Focused Strategies.* (\$195) [https://solutiontalk.ca/product\\_list.php](https://solutiontalk.ca/product_list.php)

### May 5

Child and Adolescent Psychiatry Grand Rounds, 9– 10 am at the Auditorium, Glenrose Rehabilitation Hospital. Call 780- 407-1611 [sharon.murphy@albertahealthservices.ca](mailto:sharon.murphy@albertahealthservices.ca) To register or add your videoconference site: <https://vcscheduler.ca/ahs/>

### May 5

Health Care Symposium, *Advancements in understanding and treating chronic pain.* 4- 9 pm in Calgary. <http://www.mcleod-law.com/HealthCareSymposium2016>

### May 5- 6

12<sup>th</sup> Biennial Western Canadian Sexual Health Conference, *Consensual sexual expression: Ask, listen and respect.* At the University of Calgary downtown campus. [http://www.aspsh.ca/western\\_canadian\\_sexual\\_health\\_conference\\_3](http://www.aspsh.ca/western_canadian_sexual_health_conference_3)

### May 5- 6

Conference, Grounding Trauma 2016, *The essence of trauma in addiction and illness: Disconnect from self as it affects our clients and ourselves.* In Ottawa. <http://cast-canada.ca/home.html>

### May 5- 7

Canadian Association of Cognitive and Behavioural Therapies, 6<sup>th</sup> Annual Conference in Hamilton, Ontario. <http://cacbt.ca/en/Hamilton2016>

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## Addiction and Mental Health Learning Events

### May 6 (Released on YouTube)

Concurrent Disorders Learning Series, *The ASAM Criteria: Exploring Alberta's Level 3- 4 services* and *Suicide prevention* with Dr Ayas, Doug Buist, Barb Jones, Kelly McCheyne and Dr Trew. Register by email to receive the YouTube link at [concurrent.disorders@albertahealthservices.ca](mailto:concurrent.disorders@albertahealthservices.ca) There will be a Q & A teleconference with the presenters on May 26 from 10- 11am.

### May 7

Edmonton ADHD Conference with Dr Peter Jensen. Two sessions: 7:30 am- 12 noon *Master ADHD management* (for health professionals, \$85); 1:30- 3:30 pm. *Super parenting the ADHD child and adolescent* (for parents and other caregivers, \$20). Both sessions are at the Alberta Teachers Association Auditorium, 11010-142 Street, Edmonton. <http://www.cvent.com/d/vfqx50> Call 780-644-8638

### May 7

Childcare Conference at MacEwan University, Edmonton. Sophie Cooper is the Featured Speaker. <http://www.macewan.ca/wcm/MacEwanEvents/Conferences/ChildCareConference/index.htm>

### May 9- 10

Workshop, *Worries and woes: Dealing with anxiety disorders in school age children* by Dr Lynn Miller. In Edmonton. <http://www.jackhirose.com/workshop/worries-and-woes-edm/>

### May 9- 10

Conference, *Traumatic stress research: Enabling bedside implementation*. In Toronto. <http://www.cimvhr.ca/istss/>

### May 9- 10

Workshop, *Applied Suicide Intervention Training (ASIST)* 8:30 am- 4:30 pm at CMHA, 3<sup>rd</sup> Floor 10010-105 Street, Edmonton. (\$250) Call 780-414-6300 <http://edmonton.cmha.ca/programs-and-services/workshops/>

### May 9- 16

**National Nurses Week**, *Nurses: With you every step of the way* <https://www.cna-aiic.ca/en/events/national-nursing-week-2015>

### May 11

Adult Psychiatry Grand Rounds, *Biomarkers of Bipolar Disorder* and *tba* with Deena Hamza James Benoit. 12- 1 pm in the Shaw Auditorium, Mazankowski, and by videoconference. Call 780- 407-1611. [sharon.murphy@albertahealthservices.ca](mailto:sharon.murphy@albertahealthservices.ca) Register or add your videoconference site at <https://vcscheduler.ca/ahs/>

### May 13

Workshop, *We are the tools of our trade: How the therapist's own attachment patterns shape therapy* with Dr David Wallin. 9 am- 4:30 pm in Executive Royal Hotel Calgary. <http://www.talk-therapy.ca/we-are-the-tools/>

### May 14

Therapy Assistant Association of Alberta, 9<sup>th</sup> Annual Education Day in Nisku. <http://thaaa.ca/>

### May 14- 15

Workshop, *Motivational Interviewing, Level 1* with Donna Kerr. 9 am- 4 pm daily at Crestwood Hall, Edmonton. <https://www.gifttool.com/registrar/ShowEventDetails?ID=1744&EID=21337>

### May 16- 17

High Risk Youth Conference at the Robbins Health Learning Centre, MacEwan University, Edmonton. <http://hryc.ca/index.html>

### May 16- 17

CMHA Workshop, *Mental Health First Aid* in the Training Room on the 3rd Floor, 10010 – 105 Street, Edmonton. (\$185) [https://edmonton.cmha.ca/programs\\_services/mental-health-first-aid/](https://edmonton.cmha.ca/programs_services/mental-health-first-aid/)

### May 16- 17

National Fall Prevention Conference, *Applying integrated approaches*. In Calgary. <http://watchyourstepcanada.com/>

### May 17- 18

Conference, *Implementing evidence-based practice in mental health and addictions*. In Barrie, Ontario [http://www.waypointcentre.ca/research\\_academics/current\\_events/WRICConference/WRICConference2016/](http://www.waypointcentre.ca/research_academics/current_events/WRICConference/WRICConference2016/)

### May 17- 20

Workshop, *Dyadic Developmental Psychotherapy training- Level 1* with Dr Daniel Hughes and Dr Sian Phillips. 8:30 am- 4:30 pm at Varscona Hotel on Whyte, Edmonton. (\$750). [http://www.attachmentcan.ca/workshops\\_ddpi\\_level1\\_may2016.php](http://www.attachmentcan.ca/workshops_ddpi_level1_may2016.php)

# Cognition

April, 2016



## Addiction and Mental Health Learning Events

### May 18

Adult Psychiatry Grand Rounds, 12- 1 pm in the Shaw Auditorium, Mazankowski, and by videoconference. Call 780- 407-1611. [sharon.murphy@albertahealthservices.ca](mailto:sharon.murphy@albertahealthservices.ca) Register or add your videoconference site at <https://vcscheduler.ca/ahs/>

### May 18

Telehealth Education Session, *Mental Health Act*. 1:30- 3 pm. AHS staff register on MyLearningLink <http://insite.albertahealthservices.ca/1881.asp> Key search words: Mental Health Act. Also available through <https://vcscheduler.ca/ahs/> and audio line.

### May 19

Child and Adolescent Psychiatry Grand Rounds, 9– 10 am at the Auditorium, Glenrose Rehabilitation Hospital. Call 780- 407-1611 [sharon.murphy@albertahealthservices.ca](mailto:sharon.murphy@albertahealthservices.ca) To register or add your videoconference site: <https://vcscheduler.ca/ahs/>

### May 19- 20

Workshop, *Shame and loathing in the treatment of trauma* with Dr Janina Fisher. In Vancouver. <http://www.jackhirose.com/workshop/shame-self-loathing-in-the-treatment-of-trauma/>

### May 20

Presentation, *Improving access and outcomes for individuals with Borderline Personality Disorder and related illnesses* by Dr Joel Paris (McGill University). 10 am- 3 pm in Room L1-490, Edmonton Clinic Health Academy (ECHA) 11405-87 Avenue, University of Alberta. This event is FULL.

### May 20

Workshop, *Applied Suicide Intervention Skills Training Tune-up* (\$145) for those with completed ASIST training in the past three years. [https://edmonton.cmha.ca/programs\\_services/asist-tuneup/](https://edmonton.cmha.ca/programs_services/asist-tuneup/)

### May 20

PAA Workshop, *Uppers, downers and all-rounders: Knowing the drugs your clients are abusing* by Dr Robert Julien. 9 am- 4 :30 pm in Edmonton. [http://www.psychologistsassociation.ab.ca/site/paa\\_workshops](http://www.psychologistsassociation.ab.ca/site/paa_workshops)

### May 24

Sturgeon Community Hospital Foundation, Mental Health Lecture Series, *Focus on older adults* with Dr David Rawani at 6:30 pm. Call 780-418-7361 <http://www.sturgeonhospitalfoundation.org/node/70>

### May 24

Community Education Series videoconference, *Maximize your child's potential: Parent-child connections and healthy brain development*. 11 am- 12:30 pm. <http://fcrc.albertahealthservices.ca/ces/sessions/current/>

### May 24- 27

International Conference, *Promoting healthy brain aging and preventing dementia: Research and translation* in Banff. [http://www.albertaneuro.ca/content/2016\\_conference](http://www.albertaneuro.ca/content/2016_conference)

### May 25

Adult Psychiatry Grand Rounds, *Biomarkers of Bipolar Disorder* and *tba* with Deena Hamza and James Benoit. 12- 1 pm in KATZ 1-080, and by videoconference. Call 780- 407-1611. Register or add your videoconference site at <https://vcscheduler.ca/ahs/> [sharon.murphy@albertahealthservices.ca](mailto:sharon.murphy@albertahealthservices.ca)

### May 25- 27

The Vancouver CBT and DBT Clinical Skills Conference with Dr Lynn Miller, Dr Jeff Rigenbach, Dr Sheri Van Dijk, Dr Randy Patterson, Dr Lane Pederson and Dr Eboni Webb. In Vancouver. (also in Winnipeg June 1- 3). <http://www.jackhirose.com/workshop/the-vancouver-cbt-dbt-clinical-skills-conference/>

### May 25- 28

27<sup>th</sup> Annual Canadian Bioethics Society Conference, *Achieving better health: The role of bioethics education, engagement and exploration*. In Toronto. <https://www.bioethics.ca/ethics/conference.html>

### May 25- June 22

Online course, *Level Two: Advanced Solution Focused Strategies*. (\$195) [https://solutiontalk.ca/product\\_list.php](https://solutiontalk.ca/product_list.php)

### May 26

Workshop, *Proven and effective play therapy strategies with children, adolescents and children of all ages* with Dr Christine Dargon. <http://www.jackhirose.com/workshop/play-therapy-edmonton/> May 27 in Calgary.

### May 26- 27

Indigenous Health Conference, *Towards health and reconciliation*. In Toronto. <http://www.cpd.utoronto.ca/indigenoushealth/>



# Cognition

April, 2016



## Addiction and Mental Health Learning Events

### May 27

2016 Focus on Forensic, *Recovery oriented forensic mental health care* with Dr Alexander Simpson (University of Toronto Head of Forensic Psychiatry and Chief of Forensic Psychiatry at CAMH) 8 am- 4 pm at the Dorrn Auditorium, Alberta Hospital Edmonton. (\$65 before April 15, \$85 after) More information and registration brochure from [John.Reddon@ahs.ca](mailto:John.Reddon@ahs.ca) Breakfast and lunch included. 5.5 hours of CE credit.

### May 27- 28

General Practice Psychotherapy Association, 29<sup>th</sup> Annual Conference, *Frontiers of the new brain science*. In Toronto. <http://gppaonline.ca/conferences>

### May 29- 31

Annual Addictions and Mental Health Conference in the Marriott Toronto Airport, Toronto. <http://www.addictionsandmentalhealthontario.ca/2016-conference.html>

### May 29- June 1

10<sup>th</sup> Annual Canadian Neuroscience Meeting in Toronto. <http://can-acn.org/meeting2016>

### May 30- 31

Workshop, *Trauma- Strategies for resolving the impact of post-traumatic stress*. 9 am- 4 pm at the Four Points by Sheraton Edmonton Gateway. <https://ca.ctrinstitute.com/workshops/trauma-edmonton/> June 1- 2 in Calgary with Lana Dunn.

### May 30- 31

Workshop, *Applied Suicide Intervention Training (ASIST)* 8:30 am- 4:30 pm at CMHA, 3<sup>rd</sup> Floor 10010-105 Street, Edmonton. (\$250) Call 780-414-6300 <http://edmonton.cmha.ca/programs-and-services/workshops/>

### June 1

Adult Psychiatry Grand Rounds, 12- 1 pm in the Shaw Auditorium, Mazankowski, and by videoconference. Call 780- 407-1611. [sharon.murphy@albertahealthservices.ca](mailto:sharon.murphy@albertahealthservices.ca) Register or add your videoconference site at <https://vcscheduler.ca/ahs/>

### June 2

Workshop, *Walking through grief- Helping others deal with loss*. 9 am- 4 pm at Four Points by Sheraton Edmonton Gateway. <https://ca.ctrinstitute.com/workshops/walking-through-grief-edmonton/> June 3 in Calgary with Lana Dunn.

### June 2

Child and Adolescent Psychiatry Grand Rounds, 9– 10 am at the Auditorium, Glenrose Rehabilitation Hospital. Call 780- 407-1611 [sharon.murphy@albertahealthservices.ca](mailto:sharon.murphy@albertahealthservices.ca) To register or add your videoconference site: <https://vcscheduler.ca/ahs/>

### June 2 - 3

8<sup>th</sup> Annual JEMH Annual Conference on Ethics in Mental Health, *Everyday ethics in mental health and substance use* in Kamloops, BC. <http://www.jemh.ca/>

### June 2- 5

6<sup>th</sup> International Conference on Self-Determination Theory, *The science and practice of self-determination: Optimizing health, well-being, and sustainability*. In Victoria, BC. <http://web.uvic.ca/sdt2016/about/>

### June 3 (Released on YouTube)

Concurrent Disorder Learning Series, *The importance of compassionate care and Adolescents and Eating Disorders* with Patricia Dribnenki-Pennock and Rebecca Stares. Register by email to receive the YouTube link at [concurrent.disorders@albertahealthservices.ca](mailto:concurrent.disorders@albertahealthservices.ca) There will be a Q & A teleconference with the presenters on June 30 from 10- 11am.

### June 6- 7

Workshop, *Treating patients with trauma: New, high speed T.E.A.M. therapy techniques* with Dr David Burns. 8:30 am – 4 pm daily. In Executive Royal Inn West Edmonton. <http://www.jackhirose.com/workshop/treating-patients-with-trauma-new-high-speed-t-e-a-m-therapy-techniques/>

### June 6- 7

Workshop, *Applied Suicide Intervention Training (ASIST)* 8:30 am- 4:30 pm at CMHA, 3<sup>rd</sup> Floor 10010-105 Street, Edmonton. (\$250) Call 780-414-6300 <http://edmonton.cmha.ca/programs-and-services/workshops/>

### June 6- 17

Webinar Series, *Bloom Brainsmarts: 50 Empirically-informed music, movement, art and thinking skill activities to improve behavior, self-regulation and learning in children and adolescents* by Dr Lynne Kenney and Wendy Young. 3- 5 pm daily for 10 sessions. <http://www.jackhirose.com/workshop/bloom-brainsmarts-webinar/>

# Cognition

April, 2016



## Addiction and Mental Health Learning Events

### June 7

Addiction and Mental Health Professional Day, *The brain in practice* with Dr Nicole Sherren (Palix Foundation) and Dr Matt Hill (Hotchkiss Brain Institute). Alberta Teachers' Association, Barnett House, Edmonton. 8:30 am- 4:30 pm. This event is FULL

### June 7

Workshop, *Neurology through the ages* with Barb Bancroft. 8:30- am- 4 pm at the Ramada Hotel on Kingsway. [http://nursinglinks.ca/info\\_neuro.html](http://nursinglinks.ca/info_neuro.html) June 6 in Calgary.

### June 7

Geriatric Grand Rounds, *Butterfly dementia unit: New model of care based on 'feeling matter'*. With Renate Sainsbury. 12- 1 pm at the Auditorium, Glenrose Rehabilitation Hospital and by videoconference. Register at <https://sites.google.com/a/ualberta.ca/ggr/>

### June 7

Live Webinar, *Anxiety- Practical intervention strategies* with Vicki Enns. 12- 1 pm. (\$42) <https://ca.ctrinstitute.com/workshops/anxiety-practical-intervention-strategies-live-webinar/>

### June 8

Adult Psychiatry Grand Rounds, 12- 1 pm in the Shaw Auditorium, Mazankowski, and by videoconference. Call 780- 407-161. [sharon.murphy@albertahealthservices.ca](mailto:sharon.murphy@albertahealthservices.ca) Register or add your videoconference site at <https://vcscheduler.ca/ahs/>

### June 8- 10

2<sup>nd</sup> International Neurosequential Model of Therapeutics Symposium in Banff. <http://childtrauma.org/>

### June 9

Annual Addiction and Mental Health, Edmonton Zone, *Pie and CQI* at the Dorrn Auditorium, Alberta Hospital Edmonton. (\$12) <https://www.surveymonkey.com/r/6R3MKR7>

### June 9 – 11

77<sup>th</sup> Annual Canadian Psychological Association Convention in Victoria, BC. <http://www.cpa.ca/Convention>

### June 10

CMHA Workshop, *safeTALK*. 8:30 am- 12 noon in the Training Room on the 3rd Floor, 10010 – 105 Street. (\$150) [https://edmonton.cmha.ca/programs\\_services/suicide-awareness-for-everyone-safetalk/](https://edmonton.cmha.ca/programs_services/suicide-awareness-for-everyone-safetalk/)

### June 13

Inner City Health and Wellness Program, Annual Symposium and Celebration of Community Support, Robbins Learning Centre, Royal Alexandra Hospital, Edmonton. Call 780-735-4035 [zmawji@royalalex.org](mailto:zmawji@royalalex.org)

### June 13- 14

CMHA Workshop, *Mental Health First Aid* in the Training Room on the 3rd Floor, 10010 – 105 Street. (\$185) [https://edmonton.cmha.ca/programs\\_services/mental-health-first-aid/](https://edmonton.cmha.ca/programs_services/mental-health-first-aid/)

### June 14- 17

Canadian College of Neuropsychopharmacology, 39<sup>th</sup> Annual Meeting in Halifax, Nova Scotia. <https://ccnp.ca/>

### June 15

Adult Psychiatry Grand Rounds, 12- 1 pm in the Shaw Auditorium, Mazankowski, and by videoconference. Call 780- 407-161. [sharon.murphy@albertahealthservices.ca](mailto:sharon.murphy@albertahealthservices.ca) Register or add your videoconference site at <https://vcscheduler.ca/ahs/>

### June 15- 17

3<sup>rd</sup> Canadian Conference on Positive Psychology, *Exhilarate 2016- Learn it, live it*. Niagra-on-the-Lake, Ontario. <https://www.eiseverywhere.com/ehome/index.php?eventid=128127&>

### June 16

Child and Adolescent Psychiatry Grand Rounds, 9– 10 am at the Auditorium, Glenrose Rehabilitation Hospital. Call 780- 407-1611 [sharon.murphy@albertahealthservices.ca](mailto:sharon.murphy@albertahealthservices.ca) To register or add your videoconference site: <https://vcscheduler.ca/ahs/>

### June 16- 18

17<sup>th</sup> Canadian Collaborative Mental Health Care Conference, *Growing ideas* in Kelowna, BC. <http://www.shared-care.ca/>

### June 20

Inner City Grand Rounds with Dr Catonni. 8- 9 am in the Robbins Learning Centre, Royal Alexandra Hospital. Call Jessica Muller 780-735-4046 [jmuller@ualberta.ca](mailto:jmuller@ualberta.ca)

# Cognition

April, 2016



## Addiction and Mental Health Learning Events

### June 20- 21

Workshop, *Working with families- Strategies for engaging and helping*. 9 am – 4 pm in Hampton Inn by Hilton Edmonton South. <https://ca.ctrinstitute.com/workshops/working-with-families-edmonton/> June 22- 23 in Calgary with Lana Dunn.

### June 20- 21

Workshop, *Applied Suicide Intervention Training (ASIST)* 8:30 am- 4:30 pm at CMHA, 3<sup>rd</sup> Floor 10010-105 Street, Edmonton. (\$250) Call 780-414-6300 <http://edmonton.cmha.ca/programs-and-services/workshops/>

### June 20- 22

Canadian Nurses Association, Biennial Convention, *Nurses: Driving the shift to primary health care*. In Saint John, New Brunswick. <https://www.cna-aiic.ca/en/events/2016-cna-biennial-convention>

### June 20- 22

Psychosocial Rehabilitation Canada Conference, *Recovery: You, me, everyone- It takes a community!* In Thunder Bay, Ontario. <http://www.psrrpscanada.ca/index.php?src=gendocs&ref=AnnualNationalConference&category=Main>

### June 21- 22

6<sup>th</sup> International Training Symposium, *Where justice and treatment meet*. In Regina, Saskatchewan. Presented by the International Association of Drug Treatment Courts. Call 780-437-8013 <http://www.cadtcpconference.com/contact.htm>

### June 22

Telehealth Education Session, *Community Treatment Orders*. 1:30- 3 pm. AHS staff register on MyLearningLink <http://insite.albertahealthservices.ca/1881.asp> Key search words: Community Treatment Order. Also available through <https://vcscheduler.ca/ahs/> and audio line.

### June 22

Adult Psychiatry Grand Rounds, *Biomarkers of Bipolar Disorder* and *tba* with Deena Hamza James Benoit. 12- 1 pm in the Bernard Snell Hall, University of Alberta Hospital, and by videoconference. Call 780- 407-161. [sharon.murphy@albertahealthservices.ca](mailto:sharon.murphy@albertahealthservices.ca) Register or add your videoconference site at <https://vcscheduler.ca/ahs/>

### June 23- 24

38<sup>th</sup> Annual Guelph Sexuality Conference, *Pleasures*. <http://guelphsexualityconference.ca/>

### June 28

Live Webinar, *Addictions and Mental Illness- Working with co-occurring disorders* with John Koop Harder. 12- 1 pm. (\$42) <https://ca.ctrinstitute.com/workshops/addictions-and-mental-illness-working-with-co-occurring-disorders-live-webinar-2/>

### June 29

Adult Psychiatry Grand Rounds, 12- 1 pm in the Shaw Auditorium, Mazankowski, and by videoconference. Call 780- 407-161. [sharon.murphy@albertahealthservices.ca](mailto:sharon.murphy@albertahealthservices.ca) Register or add your videoconference site at <https://vcscheduler.ca/ahs/>

### July 10- 14

57<sup>th</sup> Annual Institute on Addiction Studies in Innisfil, Ontario. <http://www.addictionstudies.ca/>

### July 11

Workshop, *Understanding mental illness* with Dr Jennifer Short. 9 am- 5 pm at Hampton Inn by Hilton Edmonton South. <https://ca.ctrinstitute.com/workshops/understanding-mental-illness-edmonton/> July 19 in Calgary with Amber Mackenzie.

### July 11- 12

Workshop, *Mediation- Facilitating difficult conversations* with Alan Edwards. 9 am- 4 pm at Four Points by Sheraton Edmonton Gateway. <https://ca.ctrinstitute.com/workshops/mediation-facilitating-difficult-conversations-3/> July 5- 6 in Calgary with Deborah Nowakowski.

### July 11- 12

Workshop, *Applied Suicide Intervention Training (ASIST)* 8:30 am- 4:30 pm at CMHA, 3<sup>rd</sup> Floor 10010-105 Street, Edmonton. (\$250) Call 780-414-6300 <http://edmonton.cmha.ca/programs-and-services/workshops/>

### July 11- 13

Three day intensive, *Dealing with anxiety disorders with school age children and adolescents* with Dr Lynn Miller. In Calgary. <http://www.jackhirose.com/workshop/anxiety-disorders-calgary/>

### July 11- 13

CBT Banff Workshop, *Medical CBT for anxiety* with Dr Greg Dubord. (\$895) In the Royal Canadian Lodge, Banff. <http://cbt.ca/locations/cbt-banff/>

# Cognition

April, 2016



## Addiction and Mental Health Learning Events

### July 12- 14

Workshop, *Counselling skills- An introduction and overview* with Dr Jennifer Short. 9 am- 4 pm at the Hampton Inn by Hilton Edmonton South. <https://ca.ctrinstitute.com/workshops/counselling-skills-edmonton-2/>  
July 20- 22 in Calgary with Amber McKenzie.

### July 13- 16

18<sup>th</sup> Annual Conference of The International Society for Bipolar Disorders and the 8<sup>th</sup> Biennial Conference of The International Society for Affective Disorders in Amsterdam, The Netherlands. <http://isbd2016.com/>

### July 18- 19

Workshop, *Applied Suicide Intervention Training (ASIST)* 8:30 am- 4:30 pm at CMHA, 3<sup>rd</sup> Floor 10010-105 Street, Edmonton. (\$250) Call 780-414-6300 <http://edmonton.cmha.ca/programs-and-services/workshops/>

### July 20- 22

Mindfulness Retreat for Counsellors, Caregivers and Therapists with Vicki Enns. In Banff.  
<https://ca.ctrinstitute.com/workshops/mindfulness-retreat-banff-ab/>

### July 20 - 24

Biennial Conference of the International Association for Relationship Research. In Toronto.  
<http://iarr.psych.utoronto.ca/>

### July 31- August 2

PTSD Multidisciplinary Conference, *Causes, consequences, responses*. In St John's, Newfoundland.  
<http://www.ptsdconference.mun.ca/About/>

### August 22- 23

Workshop, *Applied Suicide Intervention Training (ASIST)* 8:30 am- 4:30 pm at CMHA, 3<sup>rd</sup> Floor 10010-105 Street, Edmonton. (\$250) Call 780-414-6300 <http://edmonton.cmha.ca/programs-and-services/workshops/>

### August 28- September 2

Five Day Workshop, *Mindfulness-based Cognitive Therapy* with Dr Mark Lau and Dr Andrea Grabovac. In Cortes Island, BC. <https://hollyhock.ca/programinfo/mindfulness-based-cognitive-therapy-mbct/>

### August 29- 30

Workshop, *Applied Suicide Intervention Training (ASIST)* 8:30 am- 4:30 pm at CMHA, 3<sup>rd</sup> Floor 10010-105 Street, Edmonton. (\$250) Call 780-414-6300 <http://edmonton.cmha.ca/programs-and-services/workshops/>

### September 7- October 5

Online course, *Level One: Introduction to Solution Focused Strategies*. (\$195)  
[https://solutiontalk.ca/product\\_list.php](https://solutiontalk.ca/product_list.php)

### September 9- 10

CAOT Workshop, *Psychosocial factors and return to work... Let's get started* with Nancy Gowan and Lorraine Mischuk. 8 am- 4 pm at the Four Points by Sheraton Edmonton South.  
[http://www.caot.ca/Workshop/CAOT%20Workshop\\_2015\\_RTW%20Workshop\\_Edmonton\\_Nov%206\\_7\\_2015\\_brochure.pdf](http://www.caot.ca/Workshop/CAOT%20Workshop_2015_RTW%20Workshop_Edmonton_Nov%206_7_2015_brochure.pdf)

### September 10 World Suicide Prevention Day <https://www.iasp.info/wspd/>

### September 12- 13

Workshop, *Applied Suicide Intervention Training (ASIST)* 8:30 am- 4:30 pm at CMHA, 3<sup>rd</sup> Floor 10010-105 Street, Edmonton. (\$250) Call 780-414-6300 <http://edmonton.cmha.ca/programs-and-services/workshops/>

### September 18- 22

International Association for Child and Adolescent Psychiatry and Allied Professions (IACAPAP) World Congress, *Fighting stigma, promoting resiliency and positive mental health*. In Calgary.  
<http://www.iacapap2016.org/>

### September 19- 20

Workshop, *Applied Suicide Intervention Training (ASIST)* 8:30 am- 4:30 pm at CMHA, 3<sup>rd</sup> Floor 10010-105 Street, Edmonton. (\$250) Call 780-414-6300 <http://edmonton.cmha.ca/programs-and-services/workshops/>

### September 20 -21

Grey Matters 2016 Conference in Grande Prairie. <http://www.greymatters2016.com/>

### September 21

Workshop, *Historic trauma and Aboriginal client services* with Dr Patti LaBoucane-Benson. 9 am- 12:30 noon at the Commonwealth Community Recreation Centre, Edmonton.  
<http://reachedmonton.ca/pageEvent/568e9916ba03f206001d48de>

# Cognition

April, 2016



## Addiction and Mental Health Learning Events

### September 21- October 19

Online course, *Level Two: Advanced Solution Focused Strategies*. (\$195) [https://solutiontalk.ca/product\\_list.php](https://solutiontalk.ca/product_list.php)

### September 22

Telehealth Education Session, *Mental Health Act*. 1:30- 3 pm. AHS staff register on MyLearningLink <http://insite.albertahealthservices.ca/1881.asp> Key search words: Mental Health Act. Also available through <https://vcscheduler.ca/ahs/> and audio line.

### September 22- 24

Canadian Psychiatric Association, 66<sup>th</sup> Annual Conference in Toronto. <http://www.cpa-apc.org/index.php>

### September 26- 27

CMHA Workshop, *Mental Health First Aid* in the Training Room on the 3rd Floor, 10010 – 105 Street. (\$185) [https://edmonton.cmha.ca/programs\\_services/mental-health-first-aid/](https://edmonton.cmha.ca/programs_services/mental-health-first-aid/)

### September 28- 30

CMHA Mental Health for All Conference, *Together by design*. In Toronto. <http://conference.cmha.ca/>

### September 29- 30

5<sup>th</sup> Biennial Eating Disorder of Canada Conference, *At the heart of it all*. In Winnipeg. <http://www.cimvhr.ca/istss/>

### October 3- 4

Alberta Early Conference, *Early childhood: Exploring what matters* At the Marriott River Cree in Edmonton. <http://albertaearlyyears.com/conference-2016/>

**October 3- 9 Mental Illness Awareness Week** <http://www.camimh.ca/mental-illness-awareness-week/about-miaw/>

### October 4- 5

Grounding Trauma, *Generational trauma- Up close and personal* with Gabor Mate and Daniel Mate. In Edmonton. Presented by CAST Canada. [gt@cast-canada.ca](mailto:gt@cast-canada.ca) [www.cast-canada.ca](http://www.cast-canada.ca)

### October 5

Workshop, *Play therapy with traumatized children* with Jytte Mielcke. (\$195) 9 am- 4:30 pm in Calgary. <http://www.rmpti.com/octworkshop.html>

### October 5

Workshop, *Pre-migration context and the influence of PTSD in working with newcomers* with Karin Linschoten. Commonwealth Community Recreation Centre, Edmonton. 9 am- 12:30 noon. <http://reachedmonton.ca/pageEvent/56a8de2c7acb7c06005f0c47>

### October 5- 8

International Nurses Society on Addictions, 40<sup>th</sup> Annual Educational Conference, *Addressing the opioid epidemic: Prevention, intervention, treatment and recovery*. In Las Vegas. <http://www.intnsa.org/conference>

### October 12- November 9

Online course, *Level One: Introduction to Solution Focused Strategies*. (\$195) [https://solutiontalk.ca/product\\_list.php](https://solutiontalk.ca/product_list.php)

### October 13

Telehealth Education Session, *Community Treatment Orders*. 1:30- 3 pm. AHS staff register on MyLearningLink <http://insite.albertahealthservices.ca/1881.asp> Key search words: Community Treatment Order. Also available through <https://vcscheduler.ca/ahs/> and audio line.

### October 14

CMHA Workshop, *safeTALK*. 8:30 am- 12 noon in the Training Room on the 3rd Floor, 10010 – 105 Street. (\$150) [https://edmonton.cmha.ca/programs\\_services/suicide-awareness-for-everyone-safetalk/](https://edmonton.cmha.ca/programs_services/suicide-awareness-for-everyone-safetalk/)

### October 17- 18

Workshop, *Applied Suicide Intervention Training (ASIST)* 8:30 am- 4:30 pm at CMHA, 3<sup>rd</sup> Floor 10010-105 Street, Edmonton. (\$250) Call 780-414-6300 <http://edmonton.cmha.ca/programs-and-services/workshops/>

### October 18

Workshop, *Stories of survival: Challenges and healing practices working with people affected by the Indian Residential School System* with Ken Armstrong and Leanne Warrenchuk. 9 am- 12:30 noon. Holiday Inn Express Downtown, Edmonton. <http://reachedmonton.ca/pageEvent/568e975bba03f206001d48d2>

# Cognition

April, 2016



## Addiction and Mental Health Learning Events

### October 20- 22

Canadian Society of Addiction Medicine Annual Meeting and Scientific Conference in Montreal  
<http://www.csam-smca.org/events/csam-xxvi-annual-meeting-and-scientific-conference-from-october-20-22-2016/>

### October 20- 22

Canadian Association on Gerontology, 45<sup>th</sup> Annual Scientific and Educational Meeting, *Fostering innovation in research on aging*. In Montreal. <http://cag2016.ca/>

### October 24- 25

CMHA Workshop, *Mental Health First Aid (Youth)* in the Training Room on the 3rd Floor, 10010 – 105 Street. (\$185) [https://edmonton.cmha.ca/programs\\_services/mental-health-first-aid-for-youth/](https://edmonton.cmha.ca/programs_services/mental-health-first-aid-for-youth/)

### October 24- 26

6<sup>th</sup> Conference on Recent Advances in the Prevention and Treatment of Childhood and Adolescent Obesity, *Understanding the interplay between physical and mental health*. In Ottawa.  
<http://interprofessional.ubc.ca/Obesity2016/default.asp>

### October 26- 28

Prairie Child Welfare Consortium Symposium, *Imagining child welfare in the spirit of reconciliation* in Winnipeg, Manitoba. <http://pcwcsymposium2016.ca/call-for-abstracts/>

### October 26- November 23

Online course, *Level Two: Advanced Solution Focused Strategies*. (\$195) [https://solutiontalk.ca/product\\_list.php](https://solutiontalk.ca/product_list.php)

### October 31

Workshop, *Historic trauma and Aboriginal client services* with Dr Patti LaBoucane-Benson. 9 am- 12:30 noon at the Commonwealth Community Recreation Centre, Edmonton.  
<http://reachedmonton.ca/pageEvent/568e9955ba03f206001d48e2>

### October 31- November 1

Workshop, *Applied Suicide Intervention Training (ASIST)* 8:30 am- 4:30 pm at CMHA, 3<sup>rd</sup> Floor 10010-105 Street, Edmonton. (\$250) Call 780-414-6300 <http://edmonton.cmha.ca/programs-and-services/workshops/>

### November 2- 4

National Mentoring Symposium, in Banff. <http://nmsevent.com/>

### November 8

Workshop, *Working with immigrant and refugee communities* by Ashima Sumaru-Jurf. 9 am- 4 pm in the Commonwealth Community Recreation Centre, Edmonton.  
<http://reachedmonton.ca/pageEvent/56a7e76bd9c0e10600ce461f>

**November 14- 20 National Addictions Awareness Week** <http://www.ccsa.ca/Eng/newsevents/national-addictions-awareness-week/Pages/default.aspx>

### November 16- 18

5<sup>th</sup> Health and Wellbeing in Children, Youth and Adults with Developmental Disabilities Conference, *Moving from diagnosis to practical strategies*. In Vancouver. <http://interprofessional.ubc.ca/HealthandWellbeing2016/>

### November 16- December 14

Online course, *Level One: Introduction to Solution Focused Strategies*. (\$195)  
[https://solutiontalk.ca/product\\_list.php](https://solutiontalk.ca/product_list.php)

### November 18

Workshop, *Applied Suicide Intervention Skills Training Tune-up* (\$145) for those with completed ASIST training in the past three years. [https://edmonton.cmha.ca/programs\\_services/asist-tuneup/](https://edmonton.cmha.ca/programs_services/asist-tuneup/)

### November 18- 19

Guidance Council Conference, *Voices of counselling 2016: Agents of change*. In Canmore.  
[http://www.guidancecouncil.ca/?page\\_id=25](http://www.guidancecouncil.ca/?page_id=25)

### November 18- 21

Workshop, *The Grief Recovery Method Certification Training* in Edmonton. (\$2195)  
<https://www.griefrecoverymethod.com/certification-training/events/edmonton-ab-november-18-21-2016>

### November 23

Telehealth Education Session, *Mental Health Act*. 10:30 am- 12 noon. AHS staff register on MyLearningLink <http://insite.albertahealthservices.ca/1881.asp> Key search words: Mental Health Act. Also available through <https://vcscheduler.ca/ahs/> and audio line.



## Practice Evidence Collections

- ☀ The **Cochrane Collaboration** provides a systematic review of healthcare treatment practices and promotes the search for evidence in the form of clinical trials and other treatment studies. <http://summaries.cochrane.org/>
- ☀ **Alberta Family Wellness Initiative** Provides resources for the application of science to addiction and mental health treatment issues. <http://www.albertafamilywellness.org/>
- ☀ **Canadian Centre on Substance Abuse (CCSA)** The Knowledge Centre reflects important activities and initiatives related to gathering, generating and disseminating knowledge, and is intended to contribute to CCSA's national mandate to promote and increase awareness of matters relating to alcohol and drug abuse. <http://www.ccsa.ca/>
- ☀ **Substance Abuse and Mental Health Services Administration (SAMHSA)** provides the Treatment Improvement Protocol (TIP) Series of best-practice guidelines for the treatment of substance abuse. <http://www.kap.samhsa.gov/products/manuals/tips/>
- ☀ **McMaster University** provides a set of reliable and current reviews evaluating the effectiveness of healthcare practices and health promotion. <http://www.healthevidence.org/>
- ☀ **Alberta Addiction and Mental Health Research Partnership Program** Knowledge Notes are concise summaries of current research in a specific area. Each note is a maximum of three pages to allow readers to become familiar with a given topic without getting lost in the complexity of a typical academic paper. <http://www.albertahealthservices.ca/research/Page11217.aspx>
- ☀ Published clinical guidelines from the **National Institute for Health and Clinical Excellence (NICE)** <http://www.nice.org.uk/guidance/index.jsp?action=byType&type=2&status=3>
- ☀ A comprehensive collection of psychiatric rating scales and diagnostic aids from the **University of Adelaide** <http://libguides.adelaide.edu.au/content.php?pid=457647&sid=5139266>
- ☀ **Bridging the Gap** is an e-newsletter from the Alberta Addiction and Mental Health Research Partnership Program. This e-newsletter was developed for addiction and mental health practitioners. It provides a brief summary of some of the latest addiction and mental health research and highlights their implications for practice. Archived issues of Bridging the Gap can be found here: <http://www.albertahealthservices.ca/research/Page11235.aspx>
- ☀ The **Canadian Agency for Drugs and Technologies in Health (CADTH)** provides decision-makers with the evidence, analysis, advice, and recommendations they require to make informed decisions in health care. Funded by Canada's federal, provincial, and territorial governments, CADTH is an independent, not-for-profit agency that delivers timely, evidence-based information to health care leaders about the effectiveness and efficiency of health technologies. <http://www.cadth.ca/en/priorities/mentalhealth>
- ☀ **The Mindfulness Institute** is a resource on mindfulness, including links to research labs, references, video links and other updates. [www.mindfulnessinstitute.ca](http://www.mindfulnessinstitute.ca)

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Encouraging smoking cessation is the most effective intervention healthcare providers can make to improve their clients' quality of life and increase their lifespan. In as little as 3 minutes, healthcare providers can help their clients at least double their chances of quitting. Even when clients are not ready to make a quit attempt, a brief intervention delivered by a healthcare provider can enhance motivation and increase the likelihood of future quit attempts.

Alberta Quits supports healthcare providers with a range of training opportunities for a variety of clinical settings. Please visit: <https://www.albertaquits.ca/learning/index>

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# Cognition

April, 2016



## Addiction and Mental Health Learning Events

### Online Video Resources

#### InView

The content includes video presentations on rounds, concurrent disorders and Aboriginal health issues. This Alberta Health Services website requires registration but is available on non-AHS computers  
<http://inview.albertahealthservices.ca/UI/Content/Secure/Login.aspx>

#### VC Scheduler

Online access to all Alberta Health Services Telehealth services. You can view a calendar of all education events, register to participate, request for your meeting/event to be broadcast or request equipment.

<http://insite.albertahealthservices.ca/telehealth.asp>

#### Alberta Family Wellness Initiative

Video presentations by outstanding experts in early childhood development and addiction sponsored by the Alberta based Palix Foundation (formerly Norlien). <http://www.albertafamilywellness.org/resources/search>

#### Healthy Minds/Healthy Children

The Alberta Health Services Healthy Minds/Healthy Children Online Continuing Professional Development (CPD) program provides accredited, online opportunities in children's mental health.

<http://www.albertahealthservices.ca/4718.asp>

#### Alberta Centre for Child, Family and Community Research

The Centre was established to support and disseminate research knowledge and evidence on policy issues related to improving the well-being and health of children.

<http://www.research4children.com/theme/common/page.cfm?h=2&grp=1&i=2>

#### Aboriginal Awareness Courses

Education is the first step towards improved health outcomes for Aboriginal populations. The new learning programs include *Aboriginal Awareness and Sensitivity* eLearning course, the *Aboriginal People in Alberta: Introduction* video series, and the *Aboriginal Awareness and Sensitivity* workshops.

<http://mylearninglink.albertahealthservices.ca/> <http://insite.albertahealthservices.ca/9219.asp>

#### TED: How the Mind Works

Annual conference of the world's most fascinating thinkers and doers, who are challenged to give the talk of their lives (in 18 minutes). <http://www.ted.com/index.php/themes/view/id/4>

#### University of California TV: Think About It

UCTV delivers documentaries, faculty lectures, cutting-edge research symposiums and artistic performances from the University of California <http://www.uctv.tv>

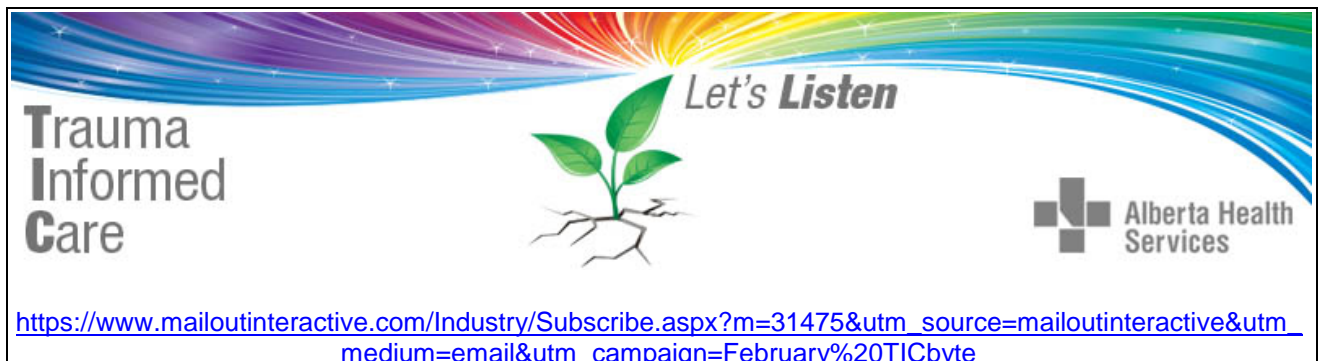
#### Schizophrenia.com

Over 120 schizophrenia-related audio and videos files below, ready for immediate listening and viewing at <http://www.schizophrenia.com/video/index.htm>

#### FASD Education and Training

The Government of Alberta provides a free online Learning Series about FASD Across the Lifespan.

<http://www.fasd-cmc.alberta.ca/education-training>



**Trauma Informed Care**

Let's Listen

Alberta Health Services

[https://www.mailoutinteractive.com/Industry/Subscribe.aspx?m=31475&utm\\_source=mailoutinteractive&utm\\_medium=email&utm\\_campaign=February%20TICbyte](https://www.mailoutinteractive.com/Industry/Subscribe.aspx?m=31475&utm_source=mailoutinteractive&utm_medium=email&utm_campaign=February%20TICbyte)